

Seasonality Calendar



VEGETABLE	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Apples												
Asparagus												
Aubergine												
Broad Beans												
French Beans												
Runner Beans												
Beetroot												
Broccoli												
Brussel sprouts												
Red Cabbage												
Spring Cabbage												
Summer Cabbage												
Winter Cabbage												
Carrots												
Cauliflower												
Celery												
Courgettes												
Cucumber												
Leeks												
Lettuce												
Mangetout												
Onions												
Soft Fruits												
Spring Onions												
Parsnips												
Peas												
Potatoes												
Radishes												
Rhubarb												
Spinach												
Swede												
Sweet Corn												
Tomatoes												
Turnips												



choice



fresh



local

"Everyone in this guide produces arts/crafts or food/drink from within the 10 parishes area"

- Ensures food freshness
- Gives you confidence - in your wellbeing and the wellbeing of your area
- Gives you "connection" - with the producer and the local economy
- Buying locally is "Caring Globally"
- Reduce food miles - congestion, pollution and cost
- Creates local jobs
- Brings money in

Why Buy Local?



www.wiveliscombe.com

Local Products Guide

food & drink
arts & crafts



It is important to know that most farmers will only be able to supply fruit and vegetables in season as the chart above shows.

Please put this chart on your fridge or on the wall in your kitchen so you know when you are buying produce that is fresh and in season.

 yellow square shows when in season

We hope to update this guide yearly. If you were not included this time please contact us to make sure you are the next time.

Please turn over for your local producers

Useful Links

- www.foodlinks.org.uk
- www.bigbarn.co.uk
- www.environ.org.uk
- www.sustainweb.org
- if it can't be local then.... www.fairtrade.org.uk

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10 Parishes
Wiveliscombe House, The Square, Wiveliscombe
Somerset TA4 2JT t. 01984 624777
e. projectcoordinator@wiveliscombe.com
www.wiveliscombe.com

Arts & Crafts

Little Acorns	2 High Street, Wiveliscombe TA4 2JX t 01984 624484 www.littleacornsgifts.com e farthingzan@aol.com
Clare Du Vergier	Wivey, Wiveliscombe TA4 t 01984 623781
Chapel Gallery	South Street, Wiveliscombe TA4 2LZ t 01984 629239
Trish Perrin	Wiveliscombe TA4 t 01984 623177 e perrinrish@aol.com
Claire Rice	Wiveliscombe TA4 t 01984 623806 e claire@rice3.co.uk
Spring Grove Gallery	Milverton TA4 1NW t 01823 400854 www.spring-grove-gallery.com e joyce@rowsell.net
Avril Silk	Ten Parishes t 01823 672131 www.avrilsilk.com avrilsilk@aol.com
Louise Waugh	Hurstone Art Farm Studios Waterrow TA4 2AT t 01984 629180 or t 01984 623180 louise.waugh@btinternet.com

Food

The Larder	22 West Street, Wiveliscombe t 01984 623236
Thornes Butcher	5 West Street, Wiveliscombe t 01984 623270
West Somerset Farmed Venison	Washers Farm, Fitzhead TA4 3LA t 01823 400257
Haddeo Bee Supplies	David Pearce, Haddeo, Bathealton TA4 2AG t 01984 623851
High Orchard Farm Fresh Produce	High Orchard, Maundown, Wiveliscombe TA4 2HL
Cake Craft	Doreen Orton, Cullendown, Springrove, Milverton, Taunton TA4 1NL
Newpole Beef	Middle Poleshill Farm, Poleshill, Wellington, TA21 ORX t 01823 673314 www.newpolebeef.com general@newpolebeef.com
Little Tadbeer Farm	Ashbrittle, Wellington Somerset, TA21 OJA Peter or Helen t 01398 361324
Milverton Stores	Costcutter, 3 Sand Street, Milverton, Taunton, Somerset TA4 1JN t 01823 400212 emma@rjenkin.demon.co.uk
Somerset Farm Direct	Bittescombe Manor, Wiveliscombe, Taunton, Somerset TA4 2DA t 01398 371387 www.somersetfarmdirect.co.uk
Brompton Ralph Post Office	Brompton Ralph, Taunton t 01984 623267

Drink

Cotleigh Brewery	Ford Road, Wiveliscombe TA4 2RE t 01984 624086 www.cotleighbrewery.co.uk info@cotleighbrewery.com
The Globe Inn	Appley, Stawley, Nr Wellington TA21 0HJ t 01823 672327 www.theglobeinnappley.co.uk
The Three Horseshoes	Langley Marsh, Wiveliscombe TA4 2UL t 01984 623763 marellahopkins@hotmail.com
The Fitzhead Inn	Fitzhead, Near Taunton TA4 3JP t 01823 400667
Exmoor Ales Ltd	Brewers, Golden Hill Brewery, Wiveliscombe, Taunton, Somerset TA4 2NY t 01984 623798 www.exmoorales.co.uk
The Rock Inn	Waterrow, Wiveliscombe TA4 2AX t 01984 623293

1 Cotleigh Brewery
Mail Order shop Mon - Fri 9am - 4.30 (closed sat)
Cotleigh Brewery has been producing cask-conditioned beers since 1979 and supplies over 300 freehouses in the South West.

3 The Three Horseshoes
12-2.30pm and 7-11pm closed Mondays
Our real ale is served straight from the cask and our food is locally sourced and seasonal, using the best Somerset larder has to offer, including vegetables from our own garden (weather and slugs permitting!).

6 The Rock Inn
Open 7 days a week 12-3pm - 6-11pm
Our beef comes from our own herd of Aberdeen Angus. Almost everything is from local sources

10 Somerset Farm Direct
Mail Order Only
Family run farm supplying beef, pork, lamb, mutton, poultry, game (Oct-Jan) all sourced locally wherever possible.

1 The Larder
Situated in the centre of Wiveliscombe and specialises in fruit and vegetables that are sourced locally whenever possible.

2 Thornes Butcher
Mon - Fri 8am - 5pm Sat 8am - 12.45pm
For quality with traceability. Professionally hung meat beef and lamb from our own family farm, free-range pork, poultry and eggs.

3 West Somerset Farmed Venison
Local Farmers Market
Selling extremely healthy meat, which is low in cholesterol and fat and high in iron and protein. No added additives or GM products used. All home bred and reared. All locally prepared.

4 Haddeo Bee Supplies
Buy from Larder in Wivey
We produce the finest quality locally produced honey.

5 High Orchard Farm Fresh Produce
Farmers Market or Delivery
We produce excellent quality poultry and wild boar & Lamb treat for Christmas.

8 Little Tadbeer Farm
By phone
Soil Association organic family run farm, producing lamb from traditional Wiltshire Horn Flock.

9 Milverton Stores
Shop hours 8am-10pm Mon to Sat 9am to 9pm Sundays
Village General Stores sourcing products from (1) within the village - fruit and veg, eggs, honey, flowers, herbs, bread baked on premises. (2) Within 5 mile radius - plants, beer and cider.

1 Little Acorns
Mon-Sat 10-5 closed Thurs & Sun
Our bespoke oak furniture and kitchen range are made in Somerset.

2 Clare Du Vergier
Studio is open by app. Please telephone first.
I am a local painter working from my studio. Original paintings - oil and watercolour, limited edition prints and cards for sale.

3 Chapel Gallery
10.30 to 4.30 daily except Mondays.
The Chapel Gallery offers works of art both local and from further afield. Facilities include coffee bar and restaurant with workshops running throughout the year.

4 Trish Perrin
People can ring or email.
My products include pictures, bags, hangings, greeting cards made to a very high standard.

4 The Fitzhead Inn
Normal Hours
All we do is fresh food, nothing is from frozen. All of the suppliers are local. Serve local beers.

6 Spring Grove Gallery
People can ring or email.
Oil paintings and miniatures. Loves to paint local scenes and local events with people in.

7 Avril Silk
People can ring or email.
I create unique stained glass windows using traditional techniques in creative and exciting ways.

8 Louise Waugh
People can ring or email.
Studio based artist - painter/ printmaker working in a contemporary style. Exhibits both locally and in London.

5 Exmoor Ales Ltd
Somerset's oldest brewery brewing a range of cask conditioned and bottled ales

7 Newpole Beef
By phone or website
Home-bred and reared beef, hung for a minimum of three weeks, professionally butchered and packed into convenient packs for the home-freezer.

6 Cake Craft
Orders by phone
Cakes made to order or your own cake decorated. Make your own Sugarcraft flowers, etc (evening classes - phone for details).

2 The Globe Inn
Everyday except Mon, Bank holidays 11-3pm - 6.30-11pm
We use as much local produce as we can and the majority of our meat comes from local farmers. We buy milk and cream in Langford Budville

5 Claire Rice
People can ring or email.
I work mainly in watercolour, line and wash or mixed media. Most subjects undertaken, such as portraits, paintings of places of interest or simply your own home.

11 Brompton Ralph Post Office
Mon-Fri 9.30-1pm 5-6pm except wed, fri
Sat 10-12pm Also deliveries
The focal point for the village selling local produce from local gardens and farms